

how much to drink

the simple calculation to discover exactly how much you need to drink, at a minimum, each and every day is:

**1 litre of water per 40lbs or
18kg or 2.85stone of body
weight**

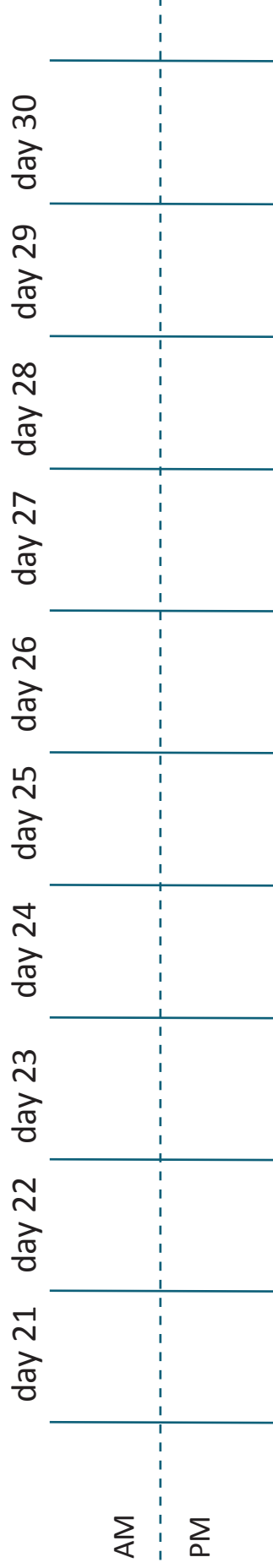
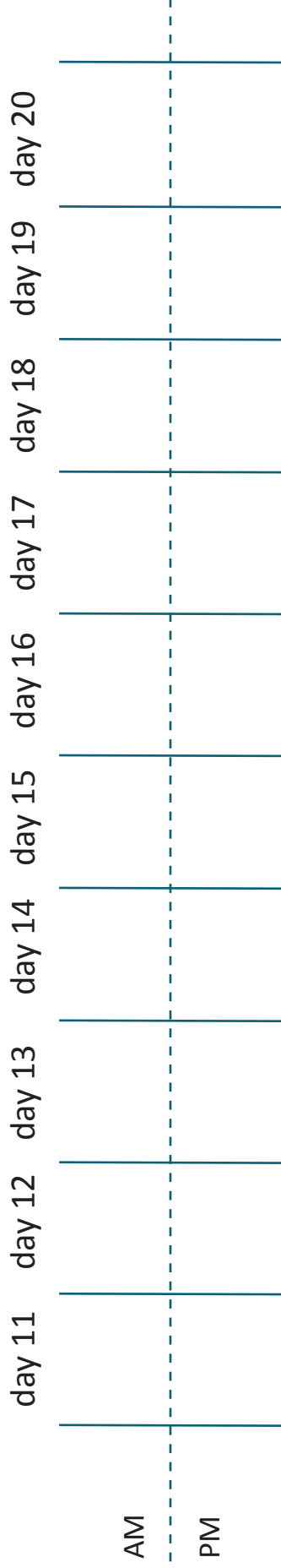
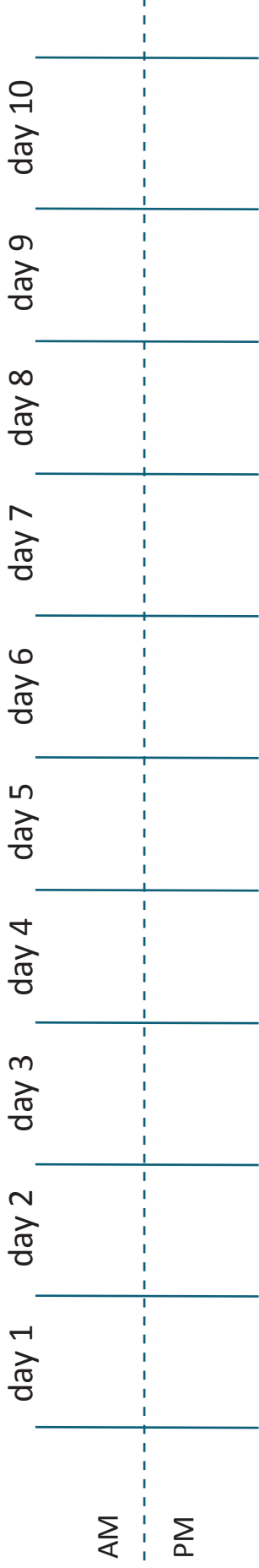
So...if you weigh 12 stone the calculation is:

$$12\text{st} / 2.85\text{st} = 4.2 \text{ litres}$$

$$76\text{kg} / 18\text{kg} = 4.2 \text{ litres}$$

$$167.5\text{lbs} / 40\text{lbs} = 4.2 \text{ litres}$$

your hydration goal chart



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Over the past twelve months, due to promotional activity we have a small number of ex-display (ex-demo) Chanson Miracle MAX+ ionizers available to purchase at a very special price. These are as-new units, with a brand new filter installed, fully serviced, independently-tested and are working as they did the first day off the production line.

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